

Dedicated to Delivery  
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**Life/form**®

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**Warranty**  
Simulators  
& Trainers

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# Infant Male and Female Catheterization Trainer LF01035U Instruction Manual

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**Life/form**® Products by Nasco

## About the Simulator

The **Life/form**® Infant Male and Female Catheterization Trainer is an inexpensive 2-in-1 trainer that provides realistic practice of this difficult procedure.

- Practice insertion, position, and catheter balloon inflation and deflation
- Feel resistance and pressure as with a real patient
- Urine flows when catheter is in proper position
- Practice both male and female infant catheterization training
- Anatomically realistic with both male and female genitals
- Genitals made of soft, lifelike material
- Replaceable male and female genitals
- Lower half of infant only

### List of Components

- 1 infant torso
- 1 set of male genitals
- 1 set of female genitals
- 1 infant intermittent catheter (8 FR, 6")
- 1 economy wash bottle (125 ml)
- 1 bottle of **Life/form**® lubricant (2 oz.)
- Blue box for storage

### Changing of the Male and Female Genitals

1. To install genitals, insert and slide bladder tube with genitals through opening in torso. Guide the bladder tube through the top cover and position genitals firmly in place within the torso. (**See figure 1.**)
2. To remove genitals, make sure bladder tube cap is closed, then pull genitals through torso while gently pushing the bladder tube through the top cover. (**See figure 1.**)

## Inserting the Urinary Catheter

1. The trainer is designed for use with a standard 8 French latex or silicone intermittent catheter only. The silicone catheter may be easier to use as it is somewhat stiffer. Do NOT use a Foley catheter.
2. To fill the bladder tube, remove the luer cap and carefully inject water using the squirt bottle provided. Recap the bladder tube tightly until ready to begin actual training.
3. Prop the infant manikin in a semi-reclining position with a diaper or paper towel underneath to catch leakage that may occur.
4. Lubricate the catheter with water-based lubricant, taking care not to block the drain holes.
5. Loosen the luer cap when ready to begin; **water will not flow when tube is tightly capped.**
6. Gently and slowly insert the catheter. Squeezing and releasing the tubing with your thumb and finger as you do so may help to start the flow. Stop insertion as soon as flow begins, and leave the catheter in place until it stops completely. (**See figure 2.**)
7. Always remove the catheter immediately after training. **Leaving the catheter in place for extended periods, especially if it is the latex type, may permanently damage both the catheter and the trainer.**
8. When storing the trainer, allow the bladder tube to air dry by removing the luer cap.

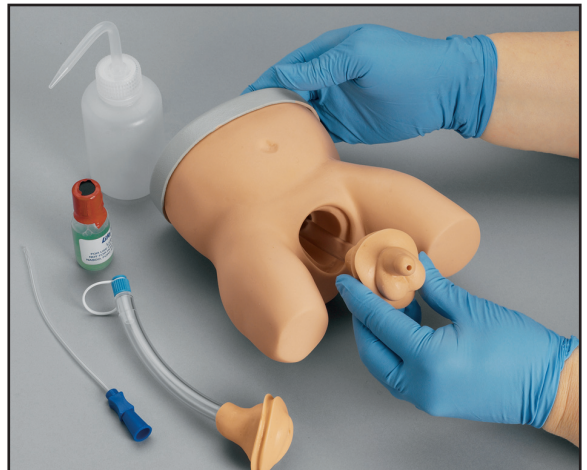
**Note:** The soft material of the trainer's catheter valve may sometimes fail to return to its fully closed position after catheterization, resulting in some leakage if the bladder tube is refilled immediately. If so, you may wish to begin catheter insertion before opening the luer cap. If leakage persists, remove the bladder tube cap and insert the catheter into the tube from the top. Gently tap the tip against the valve several times.

## Replacement Parts

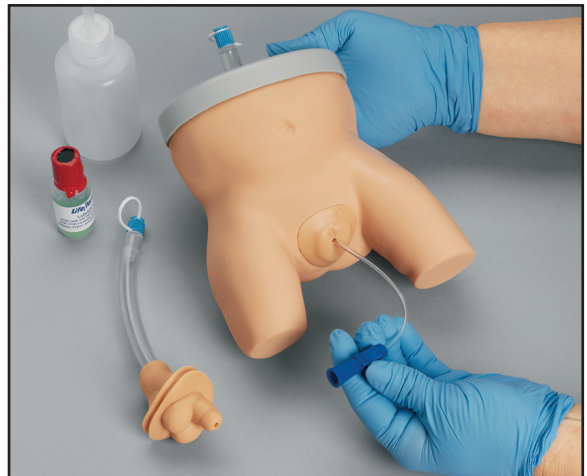
<b>LF01035(A)U</b>	Replacement Genital Insert — Female
<b>LF01035(B)U</b>	Replacement Genital Insert — Male
<b>LF01074U</b>	Infant Intermittent Catheter (8 FR, 6")
<b>LF01074(A)U</b>	10 infant intermittent catheters (8 fr, 6")
<b>LF00985U</b>	<b>Life/form</b> ® Lubricant Kit (Pkg. of 6)
<b>LF09919U</b>	Nasco Cleaner

## Care of the Simulator

1. Normal surface soil can be removed with a mild soap and lukewarm water. Use Nasco Cleaner (LF09919U) to remove stubborn stains. Simply apply the cleaner to the soiled area and wipe with a clean, soft paper towel. **DO NOT** clean the simulator with solvents or corrosive materials, as they will cause damage.
2. **NEVER** place the simulator on any kind of printed paper or plastic. These materials, as well as ball-point pens, will transfer indelible stains.



**Figure 1**



**Figure 2**

## Other Available *Life/form*® Simulators

- LF00698U** Adult Injectable Arm (White)  
**LF00855U** Male Catheterization  
**LF00856U** Female Catheterization  
**LF00901U** Prostate Examination  
**LF00906U** Ostomy Care  
**LF00929U** Surgical Bandaging  
**LF00957U** Enema Administration  
**LF00958U** Pediatric Injectable Arm  
**LF00961U** Intramuscular Injection  
**LF00984U** Breast Examination  
**LF00995U** Arterial Puncture Arm  
**LF00999U** Pediatric Injectable Head  
**LF01005U** First Aid Arm  
**LF01008U** Intradermal Injection Arm  
**LF01012U** Heart Catheterization (TPN)  
**LF01019U** Ear Examination  
**LF01027U** Peritoneal Dialysis  
**LF01028U** Suture Practice Arm  
**LF01034U** Suture Practice Leg  
**LF01036U** Spinal Injection  
**LF01037U** Hemodialysis Practice Arm  
**LF01038U** Episiotomy Suturing Set  
**LF01042U** Suture Kit  
**LF01062U** Pelvic, Normal & Abnormal  
**LF01063U** Stump Bandaging, Upper  
**LF01064U** Stump Bandaging, Lower  
**LF01069U** Cervical Effacement  
**LF01070U** Birthing Station  
**LF01082U** Cricothyrotomy  
**LF01083U** Tracheostomy Care  
**LF01084U** Sigmoidoscopic Examination  
**LF01087U** Central Venous Cannulation  
**LF01095U** Blood Pressure Arm  
**LF01108U** Infant Intraosseous Infusion  
**LF01121U** Advanced IV Arm  
**LF01131U** Venipuncture and Injection Arm  
**LF01139U** Advanced IV Hand  
**LF01142U** Auscultation Trainer  
**LF01143U** Testicular Exam  
**LF01152U** Male & Female Catheter  
**LF01155U** Advanced CPR Dog  
**LF01162U** Venatech IV Trainer  
**LF01174U** NG Tube & Trach Skills  
**LF01184U** Venatech IM & Sub Q  
**LF01193U** Special Needs Baby  
**LF03000U** **CPARLENE**® Series  
**LF03601U** Adult Airway Management Trainer with Stand  
**LF03602U** Adult Airway Management Manikin  
**LF03609U** Child Airway Management Trainer with Stand  
**LF03616U** Child **CRISIS**™ Manikin  
**LF03617U** Deluxe Child **CRISIS**™ Manikin with Arrhythmia Tutor  
**LF03620U** PALS Update Kit  
**LF03623U** Infant Airway Management Trainer with Stand  
**LF03632U** Child Intraosseous Infusion/ Femoral Access Leg on a Stand  
**LF03633U** Child Airway Management Trainer Torso  
**LF03693U** **Basic Buddy**® CPR Manikin  
**LF03699U** "Airway Larry" Airway Management Trainer  
**LF03709U** Infant **CRISIS**™ Manikin  
**LF03720U** **Baby Buddy**™ Infant CPR Manikin  
**LF03750U** Fat Old Fred  
**LF03760U** Airway Management/Cricoid Pressure Trainer  
**LF03770U** Chest Tube  
**LF03953U** **CRISIS**™ Manikin, Complete  
**LF03955U** Deluxe **CRISIS**™ Manikin  
**LF03956U** Deluxe "Plus" **CRISIS**™ Manikin  
**LF03965U** Adult **CRISIS**™ Auscultation Manikin  
**LF03966U** Adult **CRISIS**™ Auscultation Manikin with ECG Simulator  
**LF04000U** **GERI**™/**KERI**™ Manikin Series  
**LF04200U** Adult Sternal Intraosseous Infusion  
**LF06001U** CPR Prompt® Adult/Child Manikin  
**LF06012U** CPR Prompt® Infant Manikin  
**LF06200U** CPR Prompt® Keychain Rescue Aid  
**LF06204U** CPR Prompt® Rescue and Practice Aid

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