

Dedicated to Delivery
Nasco
Life/form®

3 *Life/form.*
Year
Warranty
Simulators
& Trainers

Episiotomy & Perineal Laceration Trainer Kit LF01044U Instruction Manual



Life/form® Products by Nasco



The **Life/form**® Episiotomy & Perineal Laceration Trainer offers students and instructors the unique opportunity to customize the simulator to fit their training program. Accurate anatomical details and soft, life-like tissue offer a complete training experience. For the first time, discreet muscle structures can be isolated and incised to represent first-degree through fourth-degree perineal lacerations.

Setting Up the Trainer

1. Flex the soft pad slightly and fit it firmly into the hard base.
2. Bend the wire stand to the desired angle. Set the base with pad onto the stand. Adjust the angle again if needed.

Making the Incision

1. Plan the location and depth of the incision you wish to make. The incision may represent a natural tear or any type of episiotomy.
2. Each training pad includes the bulbocavernosus muscle, transverse perineal muscles, external anal sphincter, and rectal mucosa. Cut slowly and carefully with a sharp scalpel, taking care not to damage anything other than the intended structures.
3. Nasco recommends making only one incision through the perineal muscles. Additional pads may be purchased to make a variety of incisions.
4. The flexion in the pad will cause the incision to open naturally. The pad may be removed from the base and flexed manually if needed to obtain a clearer view of the internal structures.

Suturing the Incision

1. Make sure that the pad is securely fitted into the base. Set the base on the stand if desired.
2. Suturing supplies have been included with the trainer. Any other standard sutures may also be used. Smaller needles and finer suture material will prolong the life of the simulator.
3. Pull up each suture gently, without overtightening.
4. Carefully remove the sutures before storing the trainer.

Care of the Simulator

1. The soft pad is made from a chemically and biologically inert material that requires little care.
2. Everyday soil can be removed by washing in water with a little soap or mild detergent. Dry thoroughly before storing. Washing the pad from time to time will also help it to stay in the base.
3. Do not expose the plastic base to excessive heat.

Replacement Parts for *Life/form*® Episiotomy & Perineal Laceration Trainer Kit

- | | |
|--------------------|---|
| LF01045U | Episiotomy Laceration Pad Replacement |
| LF01045(A)U | Episiotomy Laceration Pad Replacements, Pkg. of 3 |
| LF07000U | Suture Thread with Needle |

Other Available *Life/form*® Simulators

- LF00698U** Adult Injectable Arm (White)
- LF00855U** Male Catheterization
- LF00856U** Female Catheterization
- LF00901U** Prostate Examination
- LF00906U** Ostomy Care
- LF00929U** Surgical Bandaging
- LF00957U** Enema Administration
- LF00958U** Pediatric Injectable Arm
- LF00961U** Intramuscular Injection
- LF00984U** Breast Examination
- LF00995U** Arterial Puncture Arm
- LF00999U** Pediatric Injectable Head
- LF01005U** First Aid Arm
- LF01008U** Intradermal Injection Arm
- LF01012U** Heart Catheterization (TPN)
- LF01019U** Ear Examination
- LF01027U** Peritoneal Dialysis
- LF01028U** Suture Practice Arm
- LF01034U** Suture Practice Leg
- LF01036U** Spinal Injection
- LF01037U** Hemodialysis Practice Arm
- LF01038U** Episiotomy Suturing Set
- LF01042U** Suture Kit
- LF01062U** Pelvic, Normal & Abnormal
- LF01063U** Stump Bandaging, Upper
- LF01064U** Stump Bandaging, Lower
- LF01069U** Cervical Effacement
- LF01070U** Birthing Station
- LF01082U** Cricothyrotomy
- LF01083U** Tracheostomy Care
- LF01084U** Sigmoidoscopic Examination
- LF01087U** Central Venous Cannulation
- LF01095U** Blood Pressure Arm
- LF01108U** Infant Intraosseous Infusion
- LF01121U** Advanced IV Arm
- LF01131U** Venipuncture and Injection Arm
- LF01139U** Advanced IV Hand
- LF01142U** Auscultation Trainer
- LF01143U** Testicular Exam
- LF01152U** Male & Female Catheter
- LF01155U** Advanced CPR Dog
- LF01162U** Venatech IV Trainer
- LF01174U** NG Tube & Trach Skills
- LF01184U** Venatech IM & Sub Q
- LF01193U** Special Needs Baby
- LF03000U** **CPARLENE**® Series
- LF03601U** Adult Airway Management Trainer with Stand
- LF03602U** Adult Airway Management Manikin
- LF03609U** Child Airway Management Trainer with Stand
- LF03616U** Child **CRiSis**™ Manikin
- LF03617U** Deluxe Child **CRiSis**™ Manikin with Arrhythmia Tutor
- LF03620U** PALS Update Kit
- LF03623U** Infant Airway Management Trainer with Stand
- LF03632U** Child Intraosseous Infusion/ Femoral Access Leg on a Stand
- LF03633U** Child Airway Management Trainer Torso
- LF03693U** **Basic Buddy**® CPR Manikin
- LF03699U** "Airway Larry" Airway Management Trainer
- LF03709U** Infant **CRiSis**™ Manikin
- LF03720U** **Baby Buddy**™ Infant CPR Manikin
- LF03750U** Fat Old Fred
- LF03760U** Airway Management/Cricoid Pressure Trainer
- LF03770U** Chest Tube
- LF03953U** **CRiSis**™ Manikin, Complete
- LF03955U** Deluxe **CRiSis**™ Manikin
- LF03956U** Deluxe "Plus" **CRiSis**™ Manikin
- LF03965U** Adult **CRiSis**™ Auscultation Manikin
- LF03966U** Adult **CRiSis**™ Auscultation Manikin with ECG Simulator
- LF04000U** **GERI**™/**KERI**™ Manikin Series
- LF04200U** Adult Sternal Intraosseous Infusion
- LF06001U** CPR Prompt® Adult/Child Manikin
- LF06012U** CPR Prompt® Infant Manikin
- LF06200U** CPR Prompt® Keychain Rescue Aid
- LF06204U** CPR Prompt® Rescue and Practice Aid

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