# **TANITA® BC 1000**

InnerScan<sup>™</sup> Wireless Body Composition Monitor

# Tanita - the worldwide leading brand with over 65 years' experience. Fast, Accurate and Reliable.

### BENEFITS

The BC-1000 sends a safe, low signal from the foot electrodes through the body. The measured resistance to the flow (Bio-electrical Impedance Analysis) is fed into researched equations to provide accurate and personalized body composition readings. Tanita Corporation is the world's leader in professional analysers and consumer home health monitors. Tanita brings the most sophisticated health monitoring technology to health and fitness enthusiasts everywhere. The BC-1000 black and white body composition monitor offers consumers the ability to wirelessly link data to remote displays, such as a personal computer. Tanita has partnered with Garmin Ltd., the global leader in satellite navigation, to bring consumers the ability to securely and wirelessly transmit data to selected Garmin Fitness watches.



GARMIN

#### **FEATURES**

- Wireless technology to connect to a PC
- 200kg weight capacity
- Normal and athlete mode (Athletic mode is specially calibrated for people involved in intense aerobic exercise of more than 10 hours per week, with a resting heart rate of less than 60 beats per minute.)
- Kilo / pound / stone switch
- 5 Year warranty
- Unlimited users
- Personalized profiles
- Healthy Edge Software: allows users to set goals
- Caloric intake recommendation

#### **TECHNOLOGY**

- Wireless Technology
- Bioelectric Impedance Analysis (BIA)
- Advanced Dual Frequency (ADF)
- Transparent Electrodes
- ANT stick to connect to computer
- Healthy Edge Software

## MEASUREMENTS

- Visceral fat rating—central/ abdominal or dangerous fats
- Body fats in increments of 0.1% —subcutaneous body fat/ healthy range indicators (Adults and Children age 5+)
- Total body water percentage
- Muscle mass—lean weight
- Bone mineral mass—bone health
- Basal Metabolic Range (BMR)—minimum caloric needs
- Daily Caloric intake to maintain weight
- Metabolic age—how old is your body?
- Total weight in increments of 0.1kg



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